845 /99 cont./
asked to utter and write spells to hasten the womb. After the
844 infant is born the cord is cut with a pair of scissors and the placenta is buried in the ground in the house or outside.

After childbirth a Miao woman drinks several bowls of cold water for the purpose of purifying her blood. Within three days
846 she goes out to the fields to work. There are cases in which a woman gives birth in the forenoon and goes out to work in the afternoon. It is said that the Miao woman is able to do this by
[278] eating a secret herb. For postnatal nourishment the poor eat
[556] eggs and the rich eat chicken.
553
Recently, the Miao have adopted the Chinese custom of
[177] inviting friends and relatives to a feast and naming ceremony on the third day after a child's birth. A name is sometimes
551 adopted according to the time of birth. For instance, if a child is born in a certain month, it would be named after the month. The chief of the Miao at the time of the rebellion during the
[805] reign of Emperor Ch'ien Lung was called Wu pa-yüeh /Wu, Eighth Month/. Sometimes the name of the season when the birth occurred is adopted. In another case, the weight of the infant may be used as the name, for instance, an infant weighing so many chin at birth will be named for that weight. In still other cases, the name of an animal, a pig, goat, sheep, dog, or cow is used in the belief that the child will be easy to raise.

853 There is no definite time for feeding the baby. Generally when the baby cries it is fed. If the mother has no milk, the baby is then fed with sugar and rice. At the time of teething,
856 if the first tooth emerges in the upper jaw, it is a sign of ill
[987] omen, portending the death of one of the parents or paternal
[763] grandparents, because the Miao believe that such a tooth is a
[826] grave-digging hoe.

/100/ A pregnant unmarried girl often produces an abortion
847 by swallowing mercury. Illegitimate infants are often drowned.
848 Properly married couples rarely practice abortion or infanticide.

/101 cont./

756 The mourning son of the deceased, with a bamboo rice basket
764 hanging from his waist, and the sorcerer stand beside the body.
789 While the sorcerer utters spells, he points his straw sword in his right hand first toward the body of the deceased, then to the basket of the son, back and forth, until he has finished uttering the spell. With his left hand the son pulls the fingers of the dead, and with the right hand he scrapes these fingers with a thin slice of bamboo several times and then drops the bamboo into the basket. Meanwhile the priest continues his incantations. After the righthand fingers of the dead man have been scraped, his lefthand fingers are given the same treatment until the incantations are completed. After the Miao sorcerer finishes his performance, another guest sorcerer is invited to come chant a liturgy and "buy water." On the gate, in Chinese
[177] fashion, there is pasted a strip of white paper, on which are written the three characters Tang Ta Shih /"carrying out the important matter" — a parent's funeral/. Messengers are sent
●763 to announce the death to clan members in distant places. When the clan members receive the news and come to offer
764 condolences, there is no set ritual of condolence, but the family
606 of the daughter-in-law must give a pig's head, a piece of pork, a large jar of rice, as well as incense, candles, paper, and firecrackers. A son-in-law must give a pig, a goat, and a tableful of fish and meat dishes, called the "yang /earthly/ feast," and a tableful of simulated fish, meat, chicken, and duck made of flour, called the "yin /spirit world/ feast," together with a number of strings of cash incense, and candles.
764 Guests coming to offer condolences follow the same ceremony
[177] as the Chinese.

In the evening of the day that mourning ceremonies begin,
[606] first the pig and goat presented by the son-in-law are slaughtered
[782] and cooked and placed in a number of bowls, which are offered in sacrifice before the coffin. After the sacrificial ceremony, the distant paternal relatives /tsu hsiung-ti/ of the bereaved family are asked to come forward to take part in the drinking

7: Clarke M-3 (no date) 1911 AE5 Miao AE5

764 wash his face. They also offer some cooked fowl, whisky, and rice to the deceased. After these ceremonies some rice is given to all the guests, who may eat it at once or take it home with them.

763 The Hua Miao, when a man or woman is about to die, send for the exorcist, who first assures himself that the patient is actually dying and not merely fainting. When it appears that the sick person is really dying, the exorcist relates the story of Gloe-an and Ngo-a, the first man and woman, and the making of heaven and earth, so that the moribund may know his way about after death. The exorcist then says: "I shall now show you the way to heaven. On the road there are many creeping things, so you must wear a pair of hemp sandals lest they bite your feet. When you get half-way up, you will see tigers with their mouths wide open waiting to devour you. Carry some hemp on your back, and when a tiger attempts to bite you, let him bite the hemp, and make your escape. When you are half-way up, the sun shines with a burning heat; take this piece of calico and cover your eyes—you will find it in your breast pocket.

"When you arrive at the gate of heaven, the door-keeper may refuse to let you in, and you

must beseech him to let you pass. If he says, 763
'If I open the gate will you transform yourself and be my ox?' you must answer, 'No! I will not.' If he says, 'Will you be my horse?' you must say, 'No! I will not.' Then say to him, 'I will transform myself and be your servant.' When you say this, he will open the door, and you must quickly pass in and go on. After walking for some time you will come to a place where there are three roads; the one to the right is for Chinese, the one to the left for I-chia, and the one in the middle is the Hua Miao road, which all your forefathers have taken. If some one finely dressed comes to show you the way, it is some one come to deceive you, and not one of your ancestors. If a person wearing coarse clothes comes to lead you, follow him, he is one of your forefathers. If some one with a bad heart asks, 'Who brought you here?' you must say, 'One tall and stout.' If they ask you, 'Can you find him?' you must say, 'You cannot overtake him, his eyes are as big as a cup and his ears as big as a fan.' And now," the exorcist concludes, "I have shown you the way to your ancestors and the demons (or spirits), and you must remain there for ever."

Subsequently, at different periods, the Miao 764
offer sacrifices to their ancestors. Probably all 782

8: Graham E-5 (1921-1936) 1937 AE5 Miao AE5

755 The Ch'uan Miao have no so-called doctors but there are some people who are supposed to know more about healing than others. They use mutton, pork, fish, the flesh of hawks or dogs, grasses, roots, bones of leopards, tigers and bears, and fossil bones and teeth. Neolithic stone axes, when found, are ground to powder and used as medicine. Fish is used to heal many diseases, pork to heal colds, dog meat to heal rheumatism, mutton to heal stomach trouble, and there is a kind of grass that is supposed to heal broken bones. This grass is wrapped around the broken limb which is bound up tightly until the bone has grown together. A few of these medicines have healing power, but others are positively harmful.

753 755 All diseases are supposed to be caused by demons. These creatures are the unhappy souls of human beings, animals and some inanimate things such as mountains and stones. The soul of a human being may become a demon if there are no descendants to provide for its needs or if the descendants are unfilial, do not show due reverence, and do not provide through offerings the necessary food, money, clothing, etc. Naturally the way to heal a disease is to get rid of the demon that is causing it and this is the work of the *tuan kung*. He knows how to find out what demon is causing the trouble and by means of charms, ceremonies and incantations he exorcises the demon and heals the disease. Of course he is paid for his services.

164 165 With such meager and inadequate provision for the healing of the sick it is not at all strange that the death-rate among the Ch'uan Miao is very high. A Ch'uan Miao friend told me that eleven children had been born to him and that only two were still living, both of whom were less than ten years old.[13] He said that he believed that many deaths were caused by the use of the wrong medicines. It is evident that if the birth-rate were not correspondingly high the Ch'uan Miao would gradually disappear. Malaria, typhoid, and tuberculosis probably cause more deaths than other diseases.

762 A great many Ch'uan Miao women commit suicide, and it seems almost fashionable for them to take their own lives. The reasons are: first, that the husband and the husband's parents mistreat the wife; second, that her husband is unfaithful; and third, that she is grieved because of the death of her children.

763 When a person dies, people are afraid as long as the corpse is in the house, because they believe that the soul of the dead person may do harm to the living.

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13. Since this was written, one of these two children and the father have died.

Akha AO4
Miao AE5

/115 cont./
A 586 837 the expenses of a feast in which the whole village participates.

h) Old Age and Death

A M 588 [594] Among both the Akha and the Meau the families regard it as their highest duty to provide well for the aged and to treat them very well. Thus old people have a pleasant old age within the community of the large /extended/ family to which they belong and which provides for them. Even old people who no longer have their own sib to care for them do not have to worry because, as was described, they are received into another sib (see the chapter "Social Organization," the section on "Age Classes, Secret Societies, Rank Organization").

A M 763 203 [202] Among both tribes a person's death is quickly made known by means of gong beats and messengers. Hardly a few minutes pass, and the village community is informed. The members of the family, friends, and relatives who live in other villages are also summoned by messengers.

A M 764 In the meantime the corpse is washed, wrapped in new clothes, and, among the Meau, laid out without ornaments on a mat in front of the altar (see the chapter, "Religion and Magic," the section on "Cult and Taboo"). Later the corpse is placed in a shallow basket. Two bamboo sticks are stretched crosswise over this basket, the turban of the deceased is wound on them, and the clothes of the dead are placed on top. Food-

A M [782] [775] stuffs, expecially rice cakes, are placed on the rice basket as an offering for the soul (see the chapter, "Religion and Magic," the section on "Ideas about Death and the Soul").

M 764 775 Marabail (1) reports a strange custom of the Meau of

1. Page 461.

Indochina: "If a person has died, some money is placed in his mouth and all the buttons are cut from the clothing of the deceased, so that the soul may vanish more quickly. /116/ A

M [789] piece of red cloth is placed upon the lower portion of the face. Then the gong-beating begins in order to ward off the evil

/161 cont./

775 [761] not died. This information strongly suggests a knowledge of apparent death. While the corpse is rotting in the grave, the soul keeps the shape of the deceased. Nevertheless the souls are not feared, not even those of powerful chiefs or shamans, as long as they belong to the sib. Since they know no abode other than that of ordinary men and women, there is no realm of souls.

775 787 Only in dreams does a dead person appear to a living one. Such appearances are impossible in the waking state and are not limited to seasons or times of day. The appearance of a dead person means only that the soul is hungry and in need of sacrifices, which are then quickly offered.

614 775 776 825 In general, the souls of the dead of alien sibs are not feared either. There is one exception, however. During the three days after interment when every soul remains unprotected, so to speak, in the neighborhood of the grave, it may happen that it is dragged into the jungle by evil spirits and is transformed there into a man-eating tiger. If such a tiger is shot, evil spirits take the soul with them. In time it turns into an evil spirit which causes harm. Such evil spirits are dangerous for people who do not belong to the sib, and only for them. If the track of a tiger shows five toes instead of the customary four, it is a magic soul-tiger.

775 825 [648] Tales of this sort have also reached the valley-dwelling neighbors of the Meau, who now have considerable fear of the Meau. Lajonquière (1), for instance, writes: "that the Thai say

1. II, p. 312.

of the Meau that they do not have to be afraid of tigers because they belong to the same family and can transform themselves into tigers in the evening." The Meau north of Nan have the [763] [177] notion that a tiger /162/ jumps against a house in which a person is in his death struggle. The tiger takes the soul, which is transformed into a tiger. This idea is undoubtedly foreign, probably of Laotian origin.

/190 cont./

224 If the hunter tracks a wounded animal and, while camping
787 at night, hears the cry of the large black squirrel, he assumes
825 that the game has died in the meantime. If a spider spins its web over the place of a hunter's fire, he infers from this that he will soon bag some game.

787 It is regarded as a bad omen when a bird alights in a camp
825 /191/ set up in the jungle. If the bird should perch on the tree under which one is resting and if, in addition, he is hit by its droppings, this is regarded as the most unfavorable omen imaginable. Strangely enough, omens are not linked with the conspicuous and common hornbill, whose plaintive call astonishes every stranger, even if he has not yet seen the grotesque appearance of the bird, and which plays an especially important role among head-hunting peoples. Monkeys, lizards, frogs, and fish likewise have little significance among the Meau, and heavenly
[821] phenomena, too, are not connected with omens. Similarly there
754 are no practitioners of black magic among the Meau, although
829 the concept is generally known. For instance, it is believed that among the neighboring peoples in the valleys, especially among the Chinese and Lao, such magicians who are able to do harm to human beings are very common.

787 The art of soothsaying is also known to the Meau. The belief is that it is neither inheritable nor can it be taught, but that it simply depends on the will of the spirits which person is endowed with this faculty. And there is no means by which the will of the spirits can be influenced in this respect.

Great importance is ascribed to dreams since it is assumed -- as has been said -- that in sleep the soul goes wandering and therefore dreams are nothing but the experiences of the soul while a person is asleep. The interpretation of dreams is also the
[756] business of the shaman, but, as in the case of omens, there are some dreams, too, that every Meau interprets in the same way.

In general it is assumed that one's parents will die if he
[763] dreams that he is losing his teeth. In this connection it is
171 interesting to note that the idea of a sinister meaning of a dream in which teeth play a role is also found among the Lao and Chinese, as well as in Europe.

AKha A04
Miao AE5

/383 cont./

M 276 [556] The Meau are passionate opium smokers. The poor man treats himself to his pipe on a holiday eve no differently than the workman among us does his beer. Rich people, on the other hand, smoke every day. Nevertheless, I did not discover any detrimental influence of the drug. The capacity for work did not seem to have suffered; no Meau was "addicted" in the true sense of the word. The harmfulness of opium, however, M [562] is well known to the Meau; this is also shown by the fact that the enjoyment of opium is prohibited for women, youth, and [114] children. Nevertheless, the statements by Lajonquière (1) and

1. II, p. 303.

Abadie (2), that the Meau smoke only a little opium, are to be

2. Page 160.

considered, it seems to me, just as relative as the statement by the first author that the Meau smoke less tobacco than the Tho.

M [763] In addition, in northern Thailand the drug is given in [757] larger amounts to incurable patients, in order to make death easier for the patient under its influence.

A 249 [276] The Akha are perhaps even more passionately attached to tobacco than the Meau. At any rate, the Akha, who otherwise very happily plant everything mixed together, lay out special tobacco fields. The subsequent procedure, however, is more primitive than that of the Meau. The Akha cut off all the leaves of the tobacco plant, mix them together, make tight bundles of these green leaves, and wrap them in several layers of banana leaves. The leaves ferment in the course of time. Then the covering is removed and the tobacco leaves are cut into strips and dried, whereupon they are usually stored in bamboo containers.